

**CANADIAN SKI INSTRUCTORS' ALLIANCE** 

# Level 2 Certification Candidate Guide

2020-2021

## **Mission Statement:**

"The Canadian Ski Instructors' Alliance provides excellence in education for the profession of ski teaching, contributing to the growth and enjoyment of skiing."

Certified as a designated Educational Institute by the Canadian Department of Human Resources Development

# Level 2 Certification Program



The Level 2 Certification Program is for any CSIA Member that has achieved the Level 1 or Snow Park Certification and is looking to advance their effectiveness and know-how in creating great learning experiences for Snow School guests. The Program is an opportunity to improve 'situational teaching' skills, and combine practical ski teaching methods, technical understanding and development, and improvement of guest service skills.

#### **Skiing and Teaching "Tracks"**

The Level 2 Program is offered in a Skiing and Teaching "Track". To acquire the complete Level 2 Certification, Members must take the Development Course in each of Skiing and Teaching Tracks followed by the related Exam for each. Independent development in either of the Tracks is also possible.

For example, upon completion of the Level 2 Teacher Development (2 days), a Member is able to proceed to the Level 2 Teaching Exam (1 day) only if they choose. The same is true of the Skiing Track.

#### **Prerequisites:**

 CSIA Level 1 OR Snow Park Certification OR ACA Entry Level Mentor Program completed OR ACA Development Level Trained status.

# Level 2 Skier Development Course



The CSIA Level 2 Skier Development Course is designed to develop Participants skiing skills to a consolidated level of performance on groomed and ungroomed Blue terrain in a variety of turn types. Participants will benefit from a solid two days of collaborative ski improvement through exploration of:

- CSIA Technical Concepts and Skills Framework
- Long term development strategies
- Level 2 Ski Exam Performance Criteria

Candidates will receive coaching on their skiing and help prepare you for the Level 2 Ski Exam. They will also receive suggestions and strategies for long-term development.

Please note that paper materials will not be provided for this program for the 2020-2021 season in order to reduce the opportunity for spread of COVID19. Please be prepared to take notes on your own development on paper, your phone or other device.

## Level 2 Ski Exam



During the L2 Ski Exam, candidates are evaluated on their skiing skills on Blue terrain, in groomed and ungroomed conditions. Evaluated ski off runs are conducted throughout the one day exam. Candidates also receive input on run objectives from their Course Conductor. Evaluation of the Skiing Outcomes, relative to the L2 standard, is based on the "IACRCv" model. (See Canadian Ski Teaching – Getting Started)

Candidates must pass both skiing and teaching aspects to be certified Level 2.

#### MARKING SYSTEM

#### Skiing:

The evaluation standard is a "Consolidation" stage of development in accordance to the CSIA Level 2 Technical Performance Criteria.

Candidates receive a mark out of 10 on each of 4 ski off runs.

STAGE OF DEVELOPMENT	TECHNICAL ABILITY
ACQUISITION	<ul> <li>The skier coordinates and executes the key components of the movement in the correct order;</li> <li>Execution is inconsistent and lacks precision;</li> <li>Conscious execution by skier;</li> <li>Rough form, lacks synchronization, rhythm and flow.</li> </ul>
CONSOLIDATION	<ul> <li>Coordination of movements appears</li> <li>Controlled and rhythmical execution of task under stable conditions</li> <li>Some performance elements are maintained, but are inconsistent when skier is under pressure, conditions change or demands increase</li> </ul>
REFINEMENT	<ul> <li>Performance is consistent and precise in demanding conditions</li> <li>Movements are automatic and done subconsciously</li> <li>Only minor fine tuning may be necessary</li> <li>Critical reflection and correction is possible by skier</li> </ul>



#### MASTER SHEET LEVEL 2 SKIING EXAM

SKIING	RESULT
Pass	Fail

Name	Member #
Location	
Date	Course Conductor

Run	Medium Turn	Short Turn	Tactic	Free Run
Score >				

#### MARKING SYSTEM

Each run is marked on 10 points and the passing mark is 6 out of 10

#### Passing criteria

- Obtain an overall of 60 % average
- Must pass 3 runs out of 4
- Must pass the Tactic run
- Must pass the Medium Turn

Each Ski-Off Run has an objective that relates to speed, turn shape and level of ski performance.

Skills should be applied appropriately to achieve the objectives to a CONSOLIDATED level of execution. Both the objective and skill application are considered in determining individual marks. The scale works as follows (read the mark of 6 first):

8 or higher - precise execution of run objective with refined technical execution.

Example: can effectively control line in all cases and can manage higher speeds effectively AND is refined technically, well above the Level 2 standard.

7 –precise execution of run objective and/or refined technical execution.

Example: skier is able to control and adjust turn shape at a higher speeds and level of performance when appropriate OR skill blend is more precise resulting in a more precise or dynamic run.

6 –achieves the objective of the run AND shows consolidated skill execution most of the time. Minimum Passing Mark

5 –achieves the objective of the run, but skill development is not at a consolidated level or skills are consolidated but does not achieve the objective of the run.

Example: correct speed and turn shape, however, lacks rotational control OR good technique, but speed is too slow or too fast for the objective of the run.

4 -fails to achieve the objective of the run and skill level is not consolidated.

Example: rotation affects the ability to maintain speed control and turn shape most of the time

3 or lower – does not achieve the run objective and skill(s) require acquisition (well below the L2 Standard)
Example: basic skiing skills are deficient (acquisition level or lower) such as rotational, edging or pressure control, therefore, speed, turn shape and ski performance are greatly affected.

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# Level 2 Ski Exam - Marked Runs



Type: Medium Turn (9 - 11m)

Speed: Medium Speed

Performance: Drifted
Pitch: Blue
Surface: Groomed
Qualities: Linked turns

Speed remains consistent

Rotational Control results in the appropriate

steering angle for the objective

Edging Control results in outside ski directing COM

throughout

Skis change edges at transition simultaneously

Type: Short Turn (less than 1 cat track)

Speed: Medium Speed

Performance: Drifted
Pitch: Blue
Surface: Groomed

**Qualities:** Speed remains consistent throughout

Steering results in deflection of COM across the run

Edge grip is apparent below the fall line

Type: Free Run (terrain interpretation)

Speed: Medium Speed

Performance: Drifted Pitch: Blue

Surface: Unprepared, small bumps, choppy snow
Qualities: Turn shape and line are adjusted to terrain

Speed remains consistent

Snow contact is controlled at will CSIA technical elements are applied

Type: Intro to Parallel Demonstration (tactic)

Speed: Medium
Performance: Drifted
Pitch: Green
Surface: Groomed

**Qualities:** Round Linked turns

Speed remains consistent

Outside ski steering angle achieved at initiation resulting in balance against outside ski

Skis match below the fall line

#### OR

(dependant on snow/ traffic conditions)

Type: Wedge Turns (tactic)

Speed: Slow
Performance: Drifted
Pitch: Green
Surface: Groomed

**Qualities:** Round linked turns

Speed remains consistent

Outside ski steering angle achieved at initiation resulting in balance against outside ski

Both skis remain on inside edges

# Level 2 Teacher Development Course

The two-day Level 2 Teacher Development Course is designed to give you the opportunity to develop and practice teaching approaches and strategies that address a broader range of student skill levels. With guidance from your Course Conductor, you will explore:

- Teaching with COVID-19 protocols in mind
- Collaborative Teaching
- Assessment and Development using CSIA Technical Concepts
- Level 2 Teach Exam Performance Criteria

Practice teaching opportunities within your group will help you try new ideas, gain insight into the effectiveness of your approach and prepare you for the Level 2 Teach Exam.

Please note that paper materials will not be provided for this program for the 2020-2021 season in order to reduce the opportunity for spread of COVID19. Please be prepared to take notes on your own development on paper, your phone or other device.

## Level 2 Teach Exam



The Level 2 teaching standard is evaluated in a full day, ongoing assessment of teaching proficiency combined with training and development opportunities. Participants will work with their Course Conductor and fellow participants on various aspects of teaching throughout the day using CSIA Teaching and Technical principals. Candidates should be prepared to be actively involved to demonstrate their understanding through peer assessment and development, group discussions, Q and A and demonstrations

#### Teaching:

Meets expectations (ME) or Needs improvement (NI).

#### RE-TEST ON SKIING OR TEACHING

Candidates who fail skiing or teaching can be re-tested at any time by registering for and attending a future Level 2 Ski or Teach Exam. Once a portion has been passed, a member will never have to be re-tested for that portion.



While practice teaching and skiing,

# **Level 2 Teaching - Evaluation Form**

NI / ME OVERALL RESULT

Course Conductor:

Mate   Manipulate   Manipulat		NI ME	NI ME	NI ME	NI ME	NI ME	NI ME	
4/5 NI		KN	Engages learners to set goals	Uses approach to inspire confi	Identifies physical consideration	Identifies learner performance	Identifies skills	
N N N N N N N N N N N N N N N N N N N		IOW YOUR LEARNER		dence	ns	level on intermediate terrain		
II ME Teaches safely (MANDATORY)  NI ME Addresses learner attributes in teaching approach  NI ME Chooses appropriate environment for tasks  NI ME Chooses objectives based on learners  NI ME Chooses skill development based on technical assessment  NI ME Uses CSIA techincal principles in task demostrations (consolidation)	**							
ME Teaches safely (MANDATORY)  ME Chooses suppropriate environment for tasks  ME Chooses objectives based on learners  ME Chooses skill development based on technical assessment  ME Uses CSIA techincal principles in task demostrations (consolidation)		=	_		-	-		-
5/6		CREATE	_		-	-		-

<u>z</u> <u>z</u> <u>z</u> <u>z</u>	NI ME
ME ME	<u>M</u>
ME Identifies skil application within the task  ME Recognizes effect of the environment on outcomes  ME Identifies the link between cause and effect	ASSESS THE EXPERIENCE
	3/4
<u>z</u> z	Z
ME	NI ME
ME Maintains safety considerations (MANDATORY)  ME Maintains task focus for the learner	EXPLORE POSSIBILITIES

The marking scale is based on an expectation that competency is apparent "most of the time" during the assessment. The evaluation of each critera is based on the candidates demonstrated level of understanding Requirement for achieving the standard in each section is indicated (ie. 4/5, 5/6, etc)) Candidates must meet expectations in all four Teaching sections to pass the Teaching

Legend:

Z

Candidate meets expectations in this aspect Candidate needs improvement in this aspect

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